

## **Pre-Operative Instructions for Oral Surgery**

*Read the following instruction carefully. To help us provide you with the best possible care, please follow these instructions.*

### **Diet**

- NOTHING to eat or drink after midnight the evening before your surgery.( Not even water)

### **Medications**

- It is important that you take your usual blood pressure medication and heart medications the morning of the surgery with a small sip of water. Diabetic patients should not take morning insulin or diabetic medications.
- Bring all your current medications, in their original containers, with you to the hospital the day of surgery.

### **Valuables**

- Do not bring any valuables to the hospital. This includes rings, watches, jewelry, furs coats, money and creditcards.
- All piercing must be removed prior to surgery. The hospital assumes no responsibility for loss of personal possessions, including glasses, dentures and hearing aids.

### **Personal**

- Do not wear make-up, nail polish, or contact lenses. False teeth will have to be removed prior to going to the operation room. Have a bath or shower before coming for surgery.

### **Miscellaneous**

- Please inform Assiniboia Surgical Centre of any cold or illness that occurs within 48 hours of your scheduled surgery.

### **Dependent Persons ( Under 18 years of age)**

- All dependent persons must be accompanied by a parent or legal guardian who will be responsible to sign the necessary papers.

### **Discharge Home**

- You must arrange for someone to pick up and take you home approximately 4-6 hours after your arrival time or at time of discharge.
- You must have someone stay with you for 24 hours after your surgery. You cannot leave in a taxi alone, you must have an escort with you.  
Even though you may be fully conscious, your judgments and reactions may be impaired. If you do not arrange a ride home and a responsible person to stay with you, your surgery will be cancelled.

***If you have any questions or concerns, please call us at our office at (204) 779-7779.***